

Moorfields/ UCL Institute of Ophthalmology

Ophthalmic Programme for Developing Excellence in Leadership

Monday, 16 November 2020

Time	Duration (mins)	Topic	Speaker
8:30	20	Delegate Introduction	
8:50	20	Leadership challenges in Ophthalmology	Caroline MacEwen
09:10	30	Personality analysis Summary: This session will focus on participants reflecting on their Big 5 personality traits and their VIA character strengths and how to leverage these in their day-today roles. Activity 1 - Strength recognition exercise Activity 2 - Identify alignment between your signature strengths and personality traits	Dr Jummy Okoya
9:40	10	COFFEE BREAK	
9:50	60	Positive leadership Summary: Positive leaders are leaders who care for, empower and support their employees. The focus of this session is sharing strategies to foster positive leadership and explore its core components and benefits. Activity: Share case studies and practical exercise	Dr Jummy Okoya
10:50	10	COFFEE BREAK	
11:00	90	Your Impact - Managing others and self Summary: Explore how others perceive you and the impact that has on others. Activity Share the leadership challenges you have brought with you • What qualities, behaviours and actions are required to solve this?	Dr Jummy Okoya
12:30	20	End of day reflection exercise	

Tuesday, 17 November 2020

Time	Duration (mins)	Topic	Speaker
8:30	20	Delegate Reflection / Sharing	
8:50	20	Leadership Experience Storytelling	CEO David Probert
9:50	60	<p>Mastering negotiations & influencing others /difficult conversations Summary: Explore negotiation and influencing strategies, tools to make you an effective leader in challenging situations and how to use coaching skills in managing difficult conversations. Activity 1 : Working in small groups, you will evaluate different case studies and undertake real negotiation exercises</p>	Dr Jummy Okoya
10:00	10	COFFEE BREAK	
10:40	40	<p>Inclusive Leadership Summary: Discuss the intersectionality of culture, relationships and decision-making in creating an inclusive team and organisation. Explore the traits of inclusive leaders and strategies for supporting diversity, as well as the challenges around it. 3 components of IL - Engagement, adaptability and focus for results. Activity: Micro inequalities and the role of a leader creating inclusive leaders and strategies for creating inclusive environments and challenges of creating it.</p>	Dr Jummy Okoya
11:00	20	Leadership experience storytelling	Prof Dame Jane Dacre
11:20	60	<p>Workplace Resilience and Wellbeing Summary: Evidence based exploration of the role of wellbeing and resilience in enabling oneself, the team and organisation to flourish. How to achieve sustainable high performance through the use of evidence based Positive psychology interventions to support Positive Emotions Relationship Meaning Achievement(PERMA) living. Activity: Workplace Resilience Action Plan.</p>	Dr Jummy Okoya
12:20	20	End of programme reflection	

Please Note: All live sessions will be taught in Greenwich Mean Time (GMT)